



AMADEUS

International School Vienna

# AFTER SCHOOL ACTIVITIES

Winter 2023

# EARLY YEARS & PRIMARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
EY1 - EY3 Story Time	EY1 - EY3 AMAA Ballet	EY1 - EY3 Creativity Club	G1 - G5 AMAA Ballet
EY3 - G2 Amazing Animals Art Class	G1 - G5 AMAA Ballet	EY3 - G2 Welly Boot Club	EY1 - EY3 German Play
G1 - G3 Theatre & Acting	EY1 - EY3 Fine & Gross Motor Skills	G1 - G3 Film Club	EY3 - G2 Primary Sports Club
G3 - G5 Chess & Strategy Games	EY3 - G1 Hip Hop Dance	G2 - G5 Hip Hop Dance	G1 - G3 Mindful Kids
G3 - G5 Around the World in 80 Days	G1 - G3 Primary Sports Club	G3 - G5 Primary Sports Club	G3 - G5 Creative Therapy
	G1 - G2 & G3 - G5 Story Telling		G3 - G5 Puzzles and Board Games
	G3 - G5 Girls' Running Club		G4 - G5 Primary German Club

# SECONDARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
G6 - G8 Hip Hop Dance	G6 - G12 Girls Football	G6 - G8 MYP Maths Club	G6 - G12 Mixed Basketball
G6 - G8 Boys' Football	G9 - G12 Basketball A Team Boys	EY3 - G2 Welly Boot Club	G6 - G12 Calligraphy
G6 - G12 French Club		G6 - G8 Art After Hours	G9 - G12 Mixed Volleyball
G6 - G12 English Support		G6 - G12 Chinese A	G9 - G12 Open Art Studio
G9 - G12 Philosophy Club		G6 - G12 Amadeus Chess Club	G9 - G12 Maths Support
G9 - G12 Basketball A Team Boys		G6 - G12 Girls' Fitness	

# EARLY YEARS & PRIMARY

## ACTIVITIES

### Winter 2023

## MONDAY

### EY & PRIMARY ACTIVITIES

#### EY1 - EY3 Story Time

After a busy school day, Early Years students will have time and space to relax during Story Time. They have already done their hard work for the day; this is their time to rest, have a snack, and enjoy a good story. *Mrs Emesha Navaratne* and *Mrs Shelby Nater* will encourage students to come up with their own stories too.

#### EY3 - G2 Amazing Animals Art Class

Let's get creative with *Mrs Victoria Reuss* and *Mrs Barbara Stitz*! In this Art Class, we will focus on studying and recreating amazing animals from all over the world. Using charcoal, pencil and paint, students will develop their artistic skills.

#### G3 - G5 Around the World in 80 Days

Come with us on an adventure to a new country every week. We will explore their foods, languages, religions, customs, cultures and, of course, their games! In ten weeks, we can discover many things about many places! First stop: Mongolia. Your tour guides: *Mrs Elizabeth Lind* and *Mrs Charlotte Record*.

#### G3 - G5 Chess & Strategy Games

Chess and other strategy-based games encourage the development of critical thinking, memory, logic and creative problem-solving in fun and engaging ways. Come and play some board games with *Mr Bradly Hill*!

#### G1 - G5 Theatre & Acting

Together, we will have fun getting to know the fundamentals of stagecraft. You will gain experience in both acting and as a stage crew member and further develop your team-working and social skills. *Mrs Nadya Cicio* takes the Theatre Director's seat!



# TUESDAY

## EY & PRIMARY ACTIVITIES

### EY1 - EY3 AMAA Ballet (15:20 - 16:00)

Please contact [academy.office@amadeus-vienna.com](mailto:academy.office@amadeus-vienna.com) to register your child for AMAA ballet lessons.

The First Development Programme is specially made for Early Years children to practice the basics of classical dance, the initial level of choreographic training, stretching and plasticity. It is highly recommended as a beginner course for students who would like to learn ballet in the future.

### EY1 - EY3 AMAA Ballet

This is yet another slow and relaxed activity for our youngest students. Mrs Emesha Navaratne and Mrs Alex Curran will help the students develop skills involving large muscle movements, such as walking or running and help improve their fine motor skills, such as grasping, object manipulation or drawing.

### G1 - G3 Primary Sports Club

In the Primary Sports Club, students will enjoy various sports and games, including football, dodgeball, octopus, capture the flag and more. They will also be able to suggest their own games to play and teach their peers how to play. Primary students will improve their skills, technique and sportsmanship with *Mr Djordje Mirkovic!*

### G3 - G5 Girls' Running Club

In Girls' Running Club, we focus on training the body through a fusion of running and functional yoga. The running and athletic focus will be supported by the practice of mindfulness and girls' empowerment. Girls' empowerment from G3 to G5 will be fostered by *Mrs Shelby Nater.*

### G1 - G5 AMAA Ballet (15:20 - 16:00)

Please contact [academy.office@amadeus-vienna.com](mailto:academy.office@amadeus-vienna.com) to register your child for AMAA ballet lessons.

The First Ballet Class is suitable for primary students and integrates the well-known Vaganova system. Students will improve their physical stamina, strength, agility, endurance, coordination and flexibility. The study of ballet enhances soft skills such as patience, concentration, perseverance, and confidence, which can be applied positively to all aspects of life.

### EY3 - G1 Amazing Animals Art Class

Hip Hop dance borrows elements from different dance styles and mixes them together to create a unique performance.

All dance lovers, from beginners to advanced, come and dance with *Mrs Maria Susmakova!*

### G1 - G2 & G3 - G5 Story Telling

Every culture has its own stories or narratives, which are shared as means of entertainment, education, cultural preservation or instilling moral values. In Storytelling ASA, *Mr Kevin Osborne* and *Mr Felix Mirochnitschenko* will help our students create and share their stories with each other!



# WEDNESDAY

## EY & PRIMARY ACTIVITIES

### **EY1 - EY3 Creativity Club**

Early Years students will get creative on Wednesdays with *Mrs Anna Axinti* and *Mrs Mirah Langer*. Sounds, colours and movements will mix all together. There will be some dancing and music and a full range of art supplies to encourage creativity from a young age.

### **EY3 - G2 Welly Boot Club**

Welly Boot Club enjoys the outdoors and nature in almost every weather. When it snows, we will make an igloo! When it is wet, we will make a shelter! Come and have fun exploring nature with *Mrs Peta Dakyns-Richter* and *Barbara Stitz!*

### **G1 - G3 Film Club**

Bring your popcorn and thinking hats to jump into the magical world of film! We will watch, discuss, and analyse classic, modern, and animated movies. With *Mrs Shawn Fisher*, we will learn about how they are made and explore how to make our own films.

### **G2 - G5 Hip Hop Dance**

Hip Hop dance borrows elements from several different dance styles and mixes them together to create a unique performance.

All dance lovers, from beginners to advanced, come and dance with *Mrs Maria Susmakova!*

### **G3 - G5 Primary Sports Club**

In the Primary Sports Club, students will enjoy various sports and games, including football, dodgeball, octopus, capture the flag and more. They will also be able to suggest their own games to play and teach their peers how to play. Primary students will improve their skills, technique and sportsmanship with *Mr John Haberl-Arkurst!*



# THURSDAY

## EY & PRIMARY ACTIVITIES

### EY1 - EY3 German Play

Our youngest students will have a joyful afternoon filled with games and activities during German Play.

*Mrs Nastasia Fernesi* and *Mrs Alex Curran* will also help the students develop their German language skills.

### EY3 - G2 Primary Sports Club

In the Primary Sports Club, students will enjoy various sports and games, including football, dodgeball, octopus, capture the flag and more. They will also be able to suggest their own games to play and teach their peers how to play. Primary students will improve their skills, technique and sportsmanship with *Mr Liam Griffin*, *Mrs Brigitte Cummings* and *Mrs Alex Knapper*!

### G1 - G3 Mindful Kids

Mindful Kids will explore different ways to calm their minds and feel their bodies through yoga, sensory games, meditation and more. We will speak about emotions, play silent games and focus on the holistic development of the body and the mind.

Let's sloooow down with *Mrs Maria Susmakova*!

### G1 - G5 AMAA Ballet (15:20 - 16:00)

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The First Ballet Class is suitable for primary students and integrates the well-known Vaganova system. Students will improve their physical stamina, strength, agility, endurance, coordination and flexibility. The study of ballet enhances soft skills such as patience, concentration, perseverance, and confidence, which can be applied positively to all aspects of life.

### G3 - G5 Puzzles & Board Games

Are you the puzzle solver? Do you think you can crack any code and solve every riddle? In the afternoon full of different games, *Mr Matthew Bruton* will offer you puzzles that will make you scratch your head!

### G3 - G5 Creative Therapy

Through singing, acting, colouring, films and more, the students will reflect on different art forms and how they can use them to be more mindful in their lives. We will also be reflecting on these activities to understand better how we feel when participating in and witnessing different forms of creativity. Let's embark on this creative journey with *Mrs James Elliot*!

### G4 - G5 Primary German Club

In the Primary German Club, students will further strengthen their German conversational skills and broaden their vocabulary in fun ways and in a relaxed atmosphere.

With *Mrs Marlene Dallinger* you will easily understand the difference between 'der, die, das', 'den, die, das', 'dem, der, dem' and 'des, der, des'!



# SECONDARY ACTIVITIES Winter 2023

## MONDAY SECONDARY ACTIVITIES

### G6 - G8 Hip Hop Dance

Hip Hop dance borrows elements from different dance styles and mixes them together to create a unique performance.

All dance lovers, from beginners to advanced, come and dance with *Mrs Maria Susmakova!*

### G6 - G8 Boys' Football

Let's play Football! 4:4:2, 4:3:3, 3:5:2, do you know the difference? MYP Boys will have a chance to play every Tuesday with *Mr Djordje Mirkovic* and *Mr Jaime Resano*. While playing the game, we will improve our teamwork skills, practice and learn new tricks and learn some basic playing strategies.

### G9 - G12 Philosophy Club

Can we ever know the world around us? Is there such a thing as good and evil? Does the soul exist? Can somebody else know you better than you know yourself? Can our political systems solve climate change? What is beauty? Does art need to have a meaning to be meaningful? Come to discuss these and other topics with *Mr Ben Versteegt* in a series of debates, presentations, discussion sessions, and Socratic seminars.

### G6 - G12 French Club

Parlez-vous français? The French Club is the right place for those who want to keep practising their French language skills. *Mr Thomas Komurka* can also offer you assistance with your coursework or homework.

### G6 - G12 English Support

English Support is open for all secondary students who want to work more on their English language. If you have an essay to work on, a presentation to prepare, or simply want to develop your speaking skills, *Mrs Sarah Bauernfeind* is there for you!

### G9 - G12 Basketball A Team - Boys

In Term 2, *Mr Anderson Jones* and *Mr Dustin Byers* continue fostering the basketball culture at Amadeus while developing the students' fundamental skills from the ground up. If you choose to join the Team, you commit to two basketball ASAs weekly, one on Mondays and the second on Tuesdays.



## TUESDAY

### SECONDARY ACTIVITIES

#### **G6 - G12 Girls' Football**

Every girl can play football! Football is a team sport with easy rules that requires basic skills and collaboration. If you are a football lover, beginner or advanced, you are welcome to join! *Mrs Marta Nunes* will teach you basic playing skills and develop them into simple game strategies.

#### **G9- G12 Basketball A Team - Boys**

In Term 2, *Mr Anderson Jones* and *Mr Dustin Byers* continue fostering the basketball culture at Amadeus while developing the students' fundamental skills from the ground up. If you choose to join the Team, you commit to two basketball ASAs weekly, one on Mondays and the second on Tuesdays.



## WEDNESDAY SECONDARY ACTIVITIES

### G6 - G8 MYP Maths Club

All MYP students are welcome! If you already love mathematics and maths games, come and enjoy them with *Mr Matthew Bruton*. If you feel like you could use little help with the subject, this is the right place for you too!

### G6 - G12 Chinese A

读书破万卷，下笔如有神。Chinese A is the place to read and talk for advanced Chinese speakers who want to explore the wonderful world of literature and improve their writing skills with *Mrs Kaiping Sun*.

### G6 - G12 Chess Club

Amadeus Chess Club welcomes all players, from beginners to masters. We have standard competition chess boards and pieces, so you do not need to bring your own, but you can! This year we ambition to build outdoor chess equipment too, and you will be an integral part of the project as a member of the Chess Club. *Mrs Melanie Pages* looks forward to seeing you!

### G6 - G8 Art After Hours

Art After Hours is an extension activity for students with a strong interest in Visual Arts. Students will develop their skills by exploring a range of materials and techniques under *Mrs Alex Costello's* guidance.

### G6 - G12 Yoga

In this Yoga class, *Mrs Damjana Sulina* will help you calm down from the stress that might have appeared during the school day. Mindful breathing techniques and basic yoga exercises will offer relaxation, strengthen and stretch our muscles and help improve our posture.

### G9 - G12 Girls' Fitness

Work on your endurance, strength, speed and flexibility, and do it all at once and in one place! *Mrs Marta Nunes* will help you make the best training plan to get in your best shape!



## THURSDAY

### SECONDARY ACTIVITIES

#### **G6 - G8 Mixed Basketball**

In Term 2, *Mr Anderson Jones* continues creating the basketball culture at Amadeus while developing students' fundamental skills from the ground up. G6 - G8 Mixed Basketball is open to boys and girls who want to play the game!

#### **G6 - G12 Calligraphy**

If you love art and drawing, this activity is for you! With *Mrs Mina Znaidi*, you will learn how to play freely with letters and create words and phrases using all colours and shapes. This calming and relaxing activity will help you unwind at the end of a busy day.

#### **G9 - G12 Open Art Studio**

*Mrs Rebecca Sprawl's* Open Art Studio is an opportunity for students to utilise the Visual Arts space and materials to explore independent and guided art projects based on their personal interests. They can try out new techniques or expand upon the work they do in lessons. It is also an excellent chance for DP Art students to gain additional studio time to experiment and prepare for their coursework.

#### **G6 - G8 Art After Hours**

Art After Hours is an extension activity for students with a strong interest in Visual Arts. Students will develop their skills by exploring a range of materials and techniques under *Mrs Alex Costello's* guidance.

#### **G9 - G12 Maths Support**

If you already love mathematics and maths games, come and enjoy it with *Mrs Meltem Karasakal*. If you feel like you could use little help with the subject, this is the right place for you too!

#### **G9 - G12 Mixed Volleyball**

Volleyball is lots of fun, and you know it! Come and enjoy a good game of Volleyball. Improved fitness and teamwork skills come as a bonus! *Mr Stirling Perry* will coach both girls and boys who already know the basics of the game.

